



# Popular Education & Energy Justice at CEED

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Alternative, Community-Rooted Solutions via Popular

Education

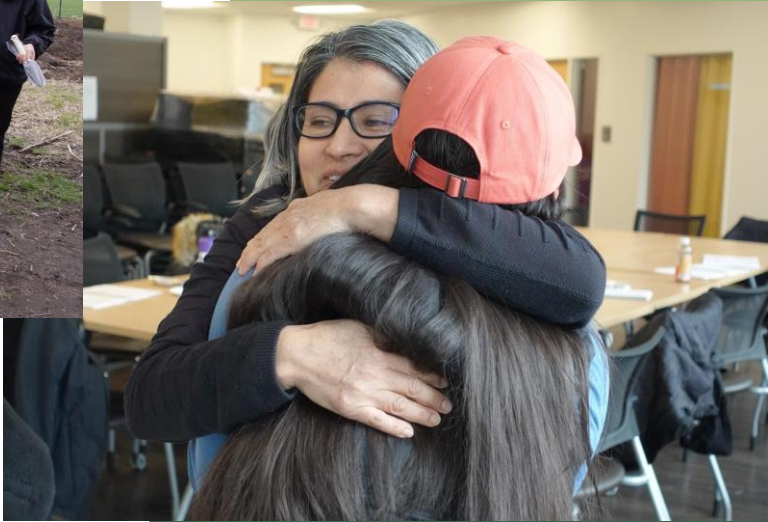
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# Today's Facilitator



**Natalya Arevalo**  
She/Her

# The Power of Popular Education



There is no such thing as a neutral education. Education either functions as an instrument to bring about conformity or freedom - Paulo Freire

# CEED's Popular Education

## **Engaging**

Activities and conversations seek unique ways to promote meaningful understanding, discussion, and experience-sharing

## **Culturally Relevant**

Content promotes the value of participants' culture and community interests, needs, and concerns

## **Community Rooted**

Participants deeply connect with one another through experience-sharing and collective visioning

## **Practical**

Participants understand how and where to use the skills developed in the immediate future

## **Intersectional**

Materials connect class, race, and social justice to issues impacting our neighborhoods and the earth

# Our Curriculum

CEED's curriculum is organized by series; each contains various educational materials related to the series' theme, including: facilitation guides, outlining an entire lesson plan for a workshop/training, or supplemental educational resources, such as an infographic, a zine, a coloring book, or a cookbook.

Pollution Series

**Energy Series**

Climate Series

Nature Series

Environmental Intersectionality Series

National Policy Series



# Justice in My Home Heating

Train the trainer using Popular Education Curricula from CEED's *Energy Series*



Facilitation Guide

## Justice in My Home Heating

### How Can My Family Stay Warm?

This facilitation guide helps to identify and ultimately weatherize the places in your home that may be costing you extra money on your heating bills—especially during the colder months. We hope that this workshop encourages energy efficient habits when heating your home to both protect the environment, and your wallets.

#### Materials Needed

- Play cash/bills
- Paper
- Markers
- Tape

#### CEED resources to download and print

- [Reducing Energy](#) (from CEED's [Energy Workbook](#))
- [DIY Audit](#)
- [DIY Audit Checklist](#)
- [Weatherization Materials](#)
- \*MN Specific\* [Quick Guide to Energy Assistance](#)

#### Materials that may be included in CEED's Heat Pack

- Pipe wrap insulation kit
- Outlet plugs
- Silicone caulk
- Smooth rod caulk gun
- Window insulator kit
- Draft blockers
- Insulating foam sealant



# Thank You

Natalya Arevalo

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